

TIP SHEET FOR RELATIVES AS PARENTS

#14

7/06

Summer ACTIVITIES FOR THE FAMILY

The summer months can be difficult for families who may have limited time, money, or energy to find activities, which are fun and inexpensive. Here are some suggestions from others that may give you some ideas or help you think of new ones. Have a great summer!

- Take a bicycle Ride
- Make cookies together
- Go on a picnic
- Go to the local beach
- Read a good book together
- Write a story
- Work in the garden, or start one
- Go exploring after dark in the yard
- Look at photo albums, movies, slides together
- Play a board game –Monopoly, Sorry, Scrabble
- Work on a jigsaw puzzle – leave it out for later
- Work on crossword puzzles together
- Make a collage – use magazines, scissors, glue
- Make a homemade pizza together
- Have a campfire outside or in your fireplace and roast marshmallows
- Visit a friend or relative
- Encourage little ones to color a picture and send it to relatives
- Enjoy a shopping trip for something fun, but little, like bubbles, stickers, coloring books
- Play hide and seek inside or outside
- Go to the library, check out books, tapes, summer programs
- Take a trip to a zoo, museum, etc.
- Design individual t-shirts with fabric crayons
- Weekly family night with special activities for each child
- Write in journals and share once a week
- Have a teen night with snacks, movies, etc. and invite friends, supervise discretely
- Have a sleepover inside or outside based on age
- Ask your children what they would like to do and make a plan together about how you will make it happen
- Enjoy the moon, sunrise, sunset together
- Catch Fireflies
- Fishing
- Fly a kite
- Take a walk together
- “Cheap Seat” movie night
- Camp in the backyard
- Plan a trip together