

# TIP SHEET FOR RELATIVES AS PARENTS

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2/06

## Websites

Do you ever find yourself wanting information on a certain subject but don't have the book at home that it might be in? If you have Internet access, then this sheet may be of assistance and interest to you. Maine Kids-Kin has compiled a list of websites, some of them are specific to Maine's programs.

**Maine Kids-Kin** (information and support services for people raising their relative's children in Maine): [www.mainekids-kin.org](http://www.mainekids-kin.org)

**Kids Legal Services** (special education, housing, etc.) [www.kidslegalaid.org](http://www.kidslegalaid.org)

**A guide to Children's Medications:** [www.aacap.org/publications/factsfam/index.htm](http://www.aacap.org/publications/factsfam/index.htm) or [www.medem.com](http://www.medem.com) and type "medications: in the "search box.

**Maine Care, TANF, food stamps, etc.:** [www.mejp.org](http://www.mejp.org)

**Fetal Alcohol Effects (FAE) and Fetal Alcohol Syndrome (FAS)"**  
[www.cdc.gov/ncbddd/fas/default.htm](http://www.cdc.gov/ncbddd/fas/default.htm) and [www.taconic.net/seminars/fas-bhtml](http://www.taconic.net/seminars/fas-bhtml).

**Maine Alcohol and other Drug abuse Services:** [www.maine.gov/bds/osa](http://www.maine.gov/bds/osa)

**Social Security and Supplemental Security Income benefits** for adults and children:  
[www.Socialsecurity.gov](http://www.Socialsecurity.gov).

**Special Education services for children:** [www.maine.gov/education/speced/index.htm](http://www.maine.gov/education/speced/index.htm).

**Pine Tree Legal Association:** Free legal services in areas of housing, family law, social services, benefits, education, healthcare, etc. [www.ptla.org](http://www.ptla.org).

**How to talk to kids about drugs and alcohol** and information on how to cope with kids behavior problems: [www.coaf.org/family/caregivers/kinmain.htm](http://www.coaf.org/family/caregivers/kinmain.htm).

**AARP's grandparent information center** has fact sheets and a newsletter and information on local support groups for grandparents: [www.aarp.org/life/grandparents/grandchild](http://www.aarp.org/life/grandparents/grandchild).

If you have further questions about these sites feel free to call Maine Kids-Kin staff at our statewide toll free number, 1-866-298-0896. Or if you're unable to access this information, call us to see if we can get the information for you.

Maine Kids-Kin also has an extensive library in which books and videos can be mailed to families. Call us to see what's available. We can send library materials to you.



304 Hancock Street, Suite 2B  
Bangor, ME 04401  
1-866-298-0896  
[www.mainekids-kin.org](http://www.mainekids-kin.org)

Copies of our tip sheets may be found on our web site at [www.mainekids-kin.org](http://www.mainekids-kin.org)  
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